

The West Wing

R E S T A U R A N T

Summer Menu

Many of the ingredients used in preparing our dishes have been harvested from the walled gardens managed by our head gardener Sean Reid. He is also working closely with two local schools that are looking after two of the plots.

When available the rest of our ingredients are from local producers in and around East Anglia which is a haven for fresh fruit, vegetables, herbs, livestock, fish and dairy products.

We hope you enjoy the dishes we have chosen, prepared and cooked today.

11.30am – 3.00pm

Homemade Soup of the Day £4.75 (v, gf)
crusty warm bread

Homemade Ham Hock Terrine £5.95
piccalilli, crusty warm bread

Courgette and Parmesan Tart £4.95 (v)
rocket and balsamic dressing

Watermelon, Feta Cheese and Olive Salad £5.15 (v, gf)
rocket and olive oil

Lemon Roasted Chicken (RT) £5.25 / £9.95
mushroom, smoked bacon, char grilled fennel, roasted new potatoes

Grilled Mackerel Fillets £5.00 / £9.75 (gf, df)
pink grapefruit salsa salad

Summer Salad of Salmon Fillet £9.50 (gf,df)
cherry tomatoes, green beans, and warm potato vinaigrette

Cumberland Sausage £6.00 / £9.00
gratin potatoes, mediterranean vegetables

Goats Cheese and Red Onion Marmalade Parcel £8.75 (v)
ickworth rosemary and tomato salad

Please see the blackboard or ask a member of the team for today's specials

Side Orders

Seasonal Vegetables £2.50 (v,df,gf)

House Salad £2.50 (v,df, gf)

Home Roasted Seasoned Mixed Nuts £2.95 (v,gf)

Farmhouse Bread and Butter £1.95 (v)

Olives Marinated in Herbs, Citrus Peel & Olive Oil £2.50 (v,df,gf)

Sandwiches

made with suffolk flour granary bread, served with crisp 'slaw and salad

Mature English Cheddar, orchard chutney £4.50 (v)

Free Range Egg, mayonnaise and cress £4.15 (v)

Tuna Fish, sweetcorn and mayonnaise £4.75

Chicken (RT) and Bacon, mayonnaise £4.95

Just for Children

including a mini milk or ribena lolly

Sausages with Gratin Potatoes £4.75 **Lemon Roasted Chicken (RT) £4.95**

Salmon Fillet £4.50 (gf,df)

Courgette and Cheese Tart £4.60 (v)

Beans on Toast with or w/out cheese £3.25 (v)

Desserts

Chocolate Brownie, dutch chocolate ice cream £4.75 (v)

Gooseberry Fool, gluten free shortbread £4.95 (v, gf)

Lemon Curd Cheesecake, raspberry sauce £4.50 (v)

Vanilla and Vintage Marmalade Ice Cream supplied by Criterion Ices **£4.00**

Please inform us if you have a dietary requirement, as we can adapt many of our dishes to ensure you eat well at Ickworth.

When you are ready, please make your way to the counter to pay your bill

v = vegetarian, df = dairy free, gf = gluten free, RT = Red Tractor



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Drinks

Hot Drinks

The coffee bean used at Ickworth is Fairtrade, Rainforest Alliance Certified and Organic.

Americano Coffee £1.85 Espresso £1.70 Double Espresso £2.20
Cappuccino, Latte £2.40 or Decaf. £2.30
Hot Chocolate £2.40 Hot Chocolate with whipped cream £2.70

Our teas are supplied by Twinings

Pot of Traditional English Tea £1.60 (we also have Decaf Tea)
Earl Grey, Chamomile, Peppermint, Blackcurrant Ginseng & Vanilla,
Green tea, Darjeeling and Assam £1.75

Bottled Beers/Drinks

Amstel (5%) £3.10, Kronenbourg (5%) £3.10, Fosters £3.00 (5%) £3.00
Old Speckled Hen 500ml (5.2%) £3.50, Bulmers Original Cider (4.5%) £3.90

Wines

Charles and Jillian Macready grow the grapes on the Estate in the old walled garden

By the glass

Ickworth Red, White or Rose £5.25 (11%)
House Red (13%) White or Rose (12.5%) £4.50

By the bottle

Ickworth Red, White or Rose £21.00
House Red, White or Rose £17.50
Suffolk Pink Sparkling (11.5%) £35.00

Cold Drinks

English Malvern Sparkling or Still Water 330ml £1.65 / 1ltr £3.75
Elderflower or Ginger & Lemongrass Presse £2.50
James White Organic Apple Juice or Organic Pear Juice £2.50
Coke, Diet Coke, Sprite Icon 330ml, £1.95
J2O Orange and Passionfruit £1.95, Appletise £1.75
Tomato, Grapefruit, Pineapple, Orange Juice 200ml £1.65
Slimline Tonic Water, American Ginger Ale, Bitter Lemon 125ml £1.20

Children's Choice

Glass of Milk £1.50
Orange, Lime, Blackcurrant Squash £0.70
Fruit Smoothie £1.60

All prices are inclusive of VAT.

Our baker Ann Wreathall has worked at Ickworth for 9 years. Ann and her team make all our cakes on site.

We do produce Gluten Free food and cakes, but cannot guarantee they are produced in a Gluten Free environment. Unfortunately, we cannot produce any food that is guaranteed nut free.