

# The West Wing

## R E S T A U R A N T

### Morning selections served until 11.30 am

**Bacon sandwich** £2.50      **Eggy Bread** with maple syrup £3.25 (v)  
**Baked Beans** on granary toast with or without cheese £2.95 (v)  
**Homemade scone**  
served with butter, jam and cream £3.25, butter and jam £2.50, butter £1.75  
A selection of **homemade cakes** from the sideboard from £1.50 - £2.50

### Hot Drinks

*The coffee bean used at Ickworth is Fairtrade, Rainforest Alliance Certified and Organic.*

Americano Coffee £1.85 Espresso £1.70 Double Espresso £2.20  
Cappuccino, Latte £2.40 or Decaf. £2.30  
Hot Chocolate £2.40 Hot Chocolate with whipped cream £2.70

### Our teas are supplied by Twinings

Pot of Traditional English Tea £1.60 (we also have Decaf Tea)  
Earl Grey, Chamomile, Peppermint, Blackcurrant Ginseng & Vanilla,  
Green tea, Darjeeling and Assam £1.75

### Bottled Beers/Drinks

Amstel (5%) £3.10, Kronenbourg (5%) £3.10, Fosters £3.00 (5%) £3.00  
Old Speckled Hen 500ml (5.2%) £3.50, Bulmers Original Cider (4.5%) £3.90

### Wines

*Charles and Jillian Macready grow the grapes on the Estate in the old walled garden*

#### By the glass

Ickworth Red, White or Rose £5.25 (11%)  
House Red (13%) White or Rose (12.5%) £4.50

#### By the bottle

Ickworth Red, White or Rose £21.00  
House Red, White or Rose £17.50  
Suffolk Pink Sparkling (11.5%) £35.00

### Cold Drinks

English Malvern Sparkling or Still Water 330ml £1.65 / 1ltr £3.75  
Elderflower or Ginger & Lemongrass Presse £2.50  
James White Organic Apple Juice or Organic Pear Juice £2.50  
Coke, Diet Coke, Sprite Icon 330ml, £1.95  
J2O Orange and Passionfruit £1.95, Appletise £1.75  
Tomato, Grapefruit, Pineapple, Orange Juice 200ml £1.65  
Slimline Tonic Water, American Ginger Ale, Bitter Lemon 125ml £1.20

### Children's Choice

Glass of Milk £1.50  
Orange, Lime, Blackcurrant Squash £0.70  
Fruit Smoothie £1.60

All prices are inclusive of VAT.

**Our baker Ann Wreathall has worked at Ickworth for 9 years. Ann and her team make all our cakes on site.**

**Please inform us if you have a dietary requirement, as we can adapt many of our dishes to ensure you eat well at Ickworth.**

**We do produce Gluten Free food and cakes, but cannot guarantee they are produced in a Gluten Free environment. Unfortunately, we cannot produce any food that is guaranteed nut free.**

**When you are ready, please make your way to the counter to pay your bill**

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## R E S T A U R A N T

**This is the complete range of cakes and scones made at Ickworth which also identify prices, ingredients and special dietary needs**

**A smaller selection each day is available from the sideboard**

<b>Fairy Cake:</b>	Marg, sugar, flour, eggs, vanilla essence, cocoa powder	<b>£1.50</b>
<b>Chocolate Crispy Cake:</b>	Chocolate, butter, golden syrup, krispies	<b>£1.50</b>
<b>Chocolate Shortbread:</b>	Marg, sugar, flour, cocoa, golden syrup, icing sugar	<b>£1.50</b>
<b>Coffee &amp; Almond Slice:</b>	Marg, eggs, flour, sugar, ground & chopped almonds, coffee flavouring	<b>£1.50</b>
<b>Coconut Munchies:</b>	Marg, caster sugar, egg, SR flour, desiccated coconut, lemon juice	<b>£1.50</b>
<b>Shortbread:</b>	GF flour, butter, sugar	<b>£1.50 Gluten Free</b>
<b>Plain Scones:</b>	Flour, marg, sugar, milk	<b>£1.75</b>
<b>Fruit Scone:</b>	Flour, marg, sugar, milk, dried fruit	<b>£1.75</b>
<b>Cheese Scone:</b>	Flour, marg, mustard powder, cheddar cheese, milk	<b>£1.75</b>
<b>Cheese &amp; Tomato Scone:</b>	Flour, marg, cheddar cheese, tomato relish, milk	<b>£1.75</b>
<b>Date &amp; Coconut Bars:</b>	Marg, coconut, demerara sugar, SR flour, dates, golden syrup, eggs	<b>£1.95</b>
<b>Sultana &amp; Coconut Flapjack:</b>	Porridge oats, marg, syrup, sugar, coconut, sultanas	<b>£1.95 Vegan</b>
<b>Apricot &amp; Marmalade Flapjack:</b>	Porridge oats, marg, syrup, sugar, apricots, marmalade	<b>£1.95 Vegan</b>
<b>Molly Cake:</b>	Dates, plain and wholemeal flour, baking powder, mixed spice, dried fruit, ground almonds, orange juice	<b>£1.95 Diabetic/Dairy Free</b>
<b>Apple &amp; Apricot Tea loaf:</b>	Apples, wholemeal flour, baking powder, bicarbonate of soda mixed spice, marg, dried apricots, egg, milk	<b>£1.95 Diabetic</b>
<b>Lemon Polenta Slice:</b>	Butter, sugar, eggs, ground almonds, polenta, baking powder, lemons	<b>£1.95 Gluten Free</b>
<b>Chocolate &amp; Almond Slice:</b>	Sugar, eggs, ground almonds, dark chocolate, butter	<b>£1.95 Gluten Free</b>
<b>Chocolate Muffin:</b>	Marg, sugar, flour, eggs, cocoa powder, chocolate chips, milk	<b>£1.95</b>
<b>Spicy Apple Cake:</b>	Flour, apple, sugar, raisins, marg, eggs, milk, mixed spice, salt	<b>£2.50</b>
<b>Banana Bread:</b>	SR flour, salt, margarine, caster sugar, mixed fruit, chopped walnuts, glace, cherries, eggs, bananas	<b>£2.50</b>
<b>Carrot Cake:</b>	Flour, eggs, sugar, butter, carrots, walnuts, dates, raisins, milk cinnamon, lemon rind, golden syrup, nutmeg, vanilla essence	<b>£2.50</b>
<b>Carrot Cake</b>	Rice flour, sugar, baking powder, Xanthan gum, cinnamon, butter, Eggs, vanilla essence, carrot, coconut, pineapple, sultanas, apricots, prunes	<b>£2.50 Gluten Free</b>
<b>Cherry &amp; Almond Cake:</b>	Marg, sugar, flour, ground almonds / essence, eggs, cherries, milk	<b>£2.50</b>
<b>Fruit Cake:</b>	Mixed fruit, butter, sugar, eggs, flour, mixed spice, salt, bicarb. of soda	<b>£2.50</b>
<b>Ginger Cake:</b>	Ginger, flour, bicarb. of soda, sugar, black treacle, eggs, milk, almonds, marg, cinnamon	<b>£2.50</b>
<b>Lemon Drizzle:</b>	Marg, eggs, flour, sugar, lemons, milk	<b>£2.50</b>
<b>Coffee Sponge:</b>	Flour, eggs, sugar, marg, coffee essence	<b>£2.50</b>
<b>Vanilla Sponge:</b>	Flour, eggs, sugar, marg, vanilla essence	<b>£2.50</b>
<b>Lemon Sponge:</b>	Flour, eggs, sugar, marg, concentrated lemon juice	<b>£2.50</b>
<b>Chocolate Sponge:</b>	Flour, eggs, sugar, marg, chocolate, golden syrup, milk	<b>£2.50</b>
<b>Tea bread:</b>	Mixed fruit, sugar, cherries, sultanas, flour, eggs, tea	<b>£2.50</b>
<b>Pear &amp; Chocolate:</b>	Butter, milk, brown sugar, cocoa powder, flour, pears, eggs, mixed spice	<b>£2.50</b>
<b>Chocolate Brownie:</b>	Sugar, butter, cocoa powder, flour, walnuts, eggs, raisons vanilla essence	<b>£2.50</b>
<b>Mincemeat Slice:</b>	Mincemeat or dates, flour, oats, marg, sugar	<b>£2.50</b>
<b>Tea bread:</b>	Mixed fruit, sugar, cherries, sultanas, flour, eggs, tea	