

# The West Wing

## R E S T A U R A N T

### Morning selections served until 11.30 am

**Bacon Butty** £2.50 (available at weekends only)

**Porridge** served with honey £2.50 or tot of whiskey £3.75 (available at weekends only)

**Brioche Eggy Bread** with maple syrup £3.25 (available at weekends only)

**Baked Beans** on wholemeal toast with or without cheese £2.75 (v)

A selection of homemade cakes and scones from the sideboard from £1.50 - £3.25

### Hot Drinks

*The coffee bean used at Ickworth is Fairtrade, Rainforest Alliance Certified and Organic.*

Americano Coffee £1.85 Espresso £1.70 Double Espresso £2.20

Cappuccino, Latte £2.40 or Decaf. £2.30

Hot Chocolate £2.40 Hot Chocolate with whipped cream £2.70

*Our teas are supplied by Twinings*

Pot Tea £1.60 (we also have Decaf Tea)

Earl Grey, Chamomile, Peppermint, Blackcurrant, Ginseng & Vanilla, Green tea, Darjeeling and Assam £1.75

### Bottled Beers/Drinks

Amstel (5%) £3.10, Kronenbourg (5%) £3.10, Fosters £3.00 (5%) £3.00

Old Speckled Hen 500ml (5.2%) £3.50, Bulmers Original Cider (4.5%) £3.90

### Wines

*The grapes are grown on the Estate by Charles and Jillian Macready and bottled locally*

*By the glass*

Ickworth Red, White or Rose £5.25 (11%)

House Wine Fortant Red (13%) White (12.5%) £4.50

*By the bottle*

Ickworth Red, White or Rose £21.00

House Wine Fortant Red or White £17.50

Suffolk Pink Sparkling (11.5%) £35.00

### Cold Drinks

English Malvern Sparkling or Still Water 330ml £1.65 / 1ltr £3.75

Elderflower or Ginger & Lemongrass Presse £2.50

James White Organic Apple or Organic Pear Juice £2.50

Coke, Diet Coke, Sprite Icon 330ml, £1.95

J2O Orange and Passionfruit £1.95, Appletise £1.75

Tomato, Grapefruit, Pineapple, Orange Juice 200ml £1.65

Slimline Tonic Water, American Ginger Ale, Bitter Lemon 125ml £1.20

### Children's Choice

Glass of Milk £1.50

Orange, Lime, Blackcurrant Squash £0.70

Fruit Smoothie £1.60

All prices are inclusive of VAT.

**All our cakes are made on site by our baker Ann Wreathall and her team . Ann has worked on the estate producing cakes for 9 years.**

Please inform us if you have any special dietary requirements, as we can adapt many of our dishes to ensure you eat well at Ickworth.

We do produce Gluten Free food and cakes, but cannot guarantee they are produced in a Gluten Free environment. Unfortunately we cannot produce any food that is guaranteed nut free as our kitchens do not allow us to produce nut free products

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This is the complete range of cakes and scones made at Ickworth which also identify prices, ingredients and special dietary needs

A smaller selection each day is available from the sideboard

Fairy Cake:	Marg, sugar, flour, eggs, vanilla essence, cocoa powder	<b>£1.50</b>
Chocolate Crispy Cake:	Chocolate, butter, golden syrup, krispies	<b>£1.50</b>
Chocolate Shortbread:	Marg, sugar, flour, cocoa, golden syrup, icing sugar	<b>£1.50</b>
Coffee & Almond Slice:	Marg, eggs, flour, sugar, ground & chopped almonds, coffee, flavouring	<b>£1.50</b>
Coconut Munchies:	Marg, caster sugar, egg, SR flour, desiccated coconut, lemon juice	<b>£1.50</b>
Shortbread:	GF flour, butter, sugar	<b>£1.50 (Gluten Free)</b>
Plain Scones:	Flour, marg, sugar, milk	<b>£1.75</b>
Fruit Scone:	Flour, marg, sugar, milk, dried fruit	<b>£1.75</b>
Cheese Scone:	Flour, marg, mustard powder, cheddar cheese, milk	<b>£1.75</b>
Date & Coconut Bars:	Marg, coconut, demerara sugar, SR flour, dates, golden syrup, eggs	<b>£1.95</b>
Millionaire's Shortbread:	Plain flour, butter, sugar, condensed milk, chocolate	<b>£1.95</b>
Plain Flapjack:	Porridge oats, marg, syrup, sugar	<b>£1.95 (Vegan)</b>
Coconut Flapjack:	Porridge oats, marg, syrup, sugar, coconut	<b>£1.95 (Vegan)</b>
Apricot Flapjack:	Porridge oats, marg, syrup, sugar, apricots	<b>£1.95 (Vegan)</b>
Marmalade Flapjack:	Porridge oats, marg, syrup, sugar, marmalade	<b>£1.95 (Vegan)</b>
Cherry Flapjack:	Porridge oats, marg, syrup, sugar, cherries	<b>£1.95 (Vegan)</b>
Sultana Flapjack:	Porridge oats, marg, syrup, sugar, sultanas	<b>£1.95 (Vegan)</b>
Molly Cake:	Dates, plain and wholemeal flour, baking powder, mixed spice, dried fruit, ground almonds, orange juice	<b>£1.95 (Diabetic / Dairy Free)</b>
Apple & Apricot Tea loaf:	Apples, wholemeal flour, baking powder, bicarbonate of soda, mixed spice, marg, dried apricots, egg, milk	<b>£1.95 (Diabetic)</b>
Lemon Polenta Slice:	Butter, sugar, eggs, ground almonds, polenta, baking powder, lemons	<b>£1.95 (Gluten Free)</b>
Orange & Almond Slice:	Eggs, sugar, oranges, ground almonds	<b>£1.95 (Gluten Free)</b>
Chocolate & Almond Slice:	Sugar, eggs, ground almonds, dark chocolate, butter	<b>£1.95 (Gluten Free)</b>
Spicy Apple Cake:	Flour, apple, sugar, raisins, marg, eggs, milk, mixed spice, salt	<b>£2.50</b>
Banana Bread:	SR flour, salt, margarine, caster sugar, mixed fruit, chopped walnuts, glace, cherries, eggs, bananas	<b>£2.50</b>
Carrot Cake:	Flour, eggs, sugar, butter, carrots, walnuts, dates, raisins, cinnamon, lemon rind, golden syrup, nutmeg, vanilla essence	<b>£2.50</b>
Cherry & Almond Cake:	Marg, sugar, flour, ground almonds / essence, eggs, glace cherries, milk,	<b>£2.50</b>
Fruit Cake:	Mixed fruit, butter, sugar, eggs, flour, mixed spice, salt	<b>£2.50</b>
Ginger Cake:	Ginger, flour, bicarbonate of soda, sugar, black treacle, eggs, milk, almonds, marg, cinnamon	<b>£2.50</b>
Lemon Drizzle:	Marg, eggs, flour, sugar, lemons, milk	<b>£2.50</b>
Coffee & Walnut Sponge:	Flour, eggs, sugar, marg, walnuts, coffee essence	<b>£2.50</b>
Vanilla Sponge:	Flour, eggs, sugar, marg, vanilla essence	<b>£2.50</b>
Lemon Sponge:	Flour, eggs, sugar, marg, concentrated lemon juice	<b>£2.50</b>
Chocolate Sponge:	Flour, eggs, sugar, marg, chocolate, golden syrup, milk	<b>£2.50</b>
Tea bread:	Mixed fruit, sugar, cherries, sultanas, flour, eggs, tea	<b>£2.50</b>
Pear & Chocolate:	Butter, milk, brown sugar, cocoa powder, flour, pears, eggs	<b>£2.50</b>
Chocolate Brownie:	Sugar, butter, cocoa powder, chocolate, flour, walnuts, eggs	<b>£2.50</b>
Mincemeat Slice:	mincemeat or dates, flour, oats, marg, sugar	<b>£2.50</b>
Tea bread:	Mixed fruit, sugar, cherries, sultanas, flour, eggs	<b>£2.50 (Gluten Free)</b>